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OBJECTIVES

To provide guidelines for Physicians and Nurses for the management of neutropenic sepsis in haemato-oncology patients

SCOPE

This document outlines the indication for treatment and management for all those patients with presumed or diagnosed with neutropenic sepsis

REFERENCE TEAM

Dr. KAO Vannarith, Dr OU Kakada, Dr. NOU Bona, Dr TOUCH Khannara, Dr. ROM Lork, Dr MUY Kimsophanuth, Dr. Kris MA, Dr. Luke CARTER

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Hospital Director	Head of Technical Bureau	Representative of Compilation Team

STANDARD OPERATING PROCEDURE FOR ALL PATIENTS WITH NEUTROPENIC SEPSIS

Indication
Initial management of neutropenic sepsis in haemato-oncology patients
Patient Definition
<p>ALL patients with neutrophils of $< 1.0 \times 10^9$ PLUS fever/ hypothermia +/- septic shock, who have ANY of the following signs/ symptoms MUST be assumed to be neutropenic and septic:</p> <ul style="list-style-type: none"> • Fever of $> 38^0\text{C}$ or $> 37.5^0\text{C}$ on 2 occasions 30 mins apart OR • Hypothermia of $< 36^0\text{C}$ OR • Chills, fevers or sweats OR • Septic shock syndrome: tachycardia, tachypnea, hypotension, rigors, diaphoresis, altered mental status, decreased capillary refill, cyanosis or mottling, dysuria, decreased or increased urine output, • Other symptoms of infection
Immediate clinical management by team work
<p>Neutropenic sepsis is a life threatening emergency. Patients should be treated before the confirmation of diagnosis i.e. prior to confirmatory blood results/ blood culture.</p> <p>Patients should be assessed by clinical staff within 15 mins of suspected diagnosis with any of these criteria:</p> <ol style="list-style-type: none"> 1. Chemo-Immunotherapy (recent) 2. Known patient with hematology disease 3. Known immunocompromised patient 4. Patient with the bone marrow suppression from recent treatment

ALL patients should receive the following investigations/ treatment:

1. Patient should be treated in single room or an isolated room
2. Blood and urine cultures (& other clinically relevant cultures e.g. swabs/ sputum, stool, pus...), including any central line. **The culture must be done before starting antibiotics.**
3. Oxygen to maintain target oxygen saturation
4. Bloods: CBC, CRP, lactate, bicarbonate, electrolyte, liver function (LFT), kidney function and procalcitonin
5. IV fluids (consider 20mg/kg as initial fluid resuscitation in absence of decompensated heart disease)
6. Monitor urine output (consider a catheter if haemodynamically unstable)
7. Chest X-Ray +/_ whole abdomen ultrasound

Empirical Antibiotics

- Start IV Antibiotic administration within 30 min for patient with septic shock and within 60 min for all others
- Neutropenia without sepsis does not require treatment
- Consider GCSF:
 - Filgrastim 300mcg qd SC or
 - Filgrastim 300mcg + **NSS** 60ml IV over 30mn (platelet < 10 gg/L)

DO NOT WAIT FOR RESULTS BEFORE GIVING ANTIBIOTICS

See flow diagram below for choice of antibiotic

Haemato-oncology patient with suspected/ confirmed neutropenic sepsis

Does the patient have septic shock/ is critically unwell?

No

Yes

Stop oral antibiotic prophylaxis
(e.g. co-trimoxazole, quinolone)

IV piperacillin/ Tazobactam 4.5g q8h-q6h

And consider

IV Gentamicin 4-7 mg/kg
(MAX 4 days of gentamicin)

If current/ recent infection/ colonisation with
MRSA or suspected skin/ soft tissue/ IV line
infection:

ADD
IV Vancomycin

If true penicillin/ beta-lactam LIFE
THREATENING allergy:

Vancomycin + Ciprofloxacin 400mg IV q12h

If Non-Life Threatening allergy (e.g.rash)
Monotherapy of

- . Cefepime 2g IV q8h or
- . Meropem 1g IV q8h or
- . Ceftazidime 2g IV q8h

If remains febrile after 48 hours (and
no positive microbiology results-
consider changing to meropenem and
amikacin

First line (including penicillin allergy (not
anaphylaxis)

- . IV Meropenem 1g q8h
- . AND IV Amikacin
- . AND/OR IV Vancomycin
(see the protocol for the dosage)

If true penicillin/ beta-lactam anaphylaxis

- . IV Gentamicin
- . AND IV Vancomycin
- . AND IV Ciprofloxacin 400 mg q12h

If fever persists for > 1 week

Consider imaging: CT CAP +/- contrast
(possible fungal infection/ PJP)

Liaise with infectious disease team to
consider antifungal medication if prolonged
neutropenia and risk factors